## **UDL Guidelines: Engagement**

For more examples visit: http://udlguidelines.cast.org/

AFFECTIVE NETWORKS:
THE WHY OF LEARNING



## Provide options for self-regulation

- Promote expectations and beliefs that = optimize motivation
- Facilitate personal coping skills and strategies
- · Develop self-assessment and reflection

Provide options for sustaining effort and persistence

- Heighten salience of goals and objectives
- Vary demands and resources to optimize challenge
- Foster collaboration and community
- Increase mastery-oriented feedback

Provide options for recruiting interest

- Optimize individual choice and autonomy =
- Optimize relevance, value, and authenticity
- Minimize threats and distractions

**Examples:** modeled high expectations, embedded student self reflection of behavior, behavior contract, etc.



**Examples:** Behavioral checklists teacher think-a-louds modeling frustration strategies, timers, break area, digital expert course, revision, model persevering, etc.



**Examples:** Student set learning goals, progress charting, project based learning, class activities that elicit peer and personal feedback, etc.







**Examples:** Learning goal displayed in multiple ways, students restating learning goal, short term objectives that trace to over arching learning goal, model of work samples that exemplifies learning goal, etc.







**Examples:** Choices offered that represent different DOK levels, restricting of choice, layering standards together into one goal after they both have been mastered separately, zone of proximal development, etc.





**Examples:** Partner work, Student Learning Communities, peer reviews, peer editing, digital collaboration via a learning management system, team roles, etc.







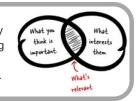
**Examples:** Clear specific feedback (digital or no-tech), FAST - frequent, accurate, specific & timely, etc.







**Examples:** Using students' interests to make concepts relevant, students apply concept to a physical experience, telling engaging stories, drawing from cultural backgrounds for content examples, etc.



**Examples:** Assignment choices, students select tools needed for a choice, students design their own choices, students choose which method they'd like for learning, etc.





**Examples:** Positive classroom culture, risk taking is encouraged, clear learning space and learning objective, restorative justice, finding behavioral functions, new experiences championed, etc.







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