

# UDL Guidelines: Action & Expression

For more examples visit:  
<http://udlguidelines.cast.org/>

STRATEGIC NETWORKS:  
 THE HOW OF LEARNING



## Action & Expression

### Provide options for executive functioning

- Guide appropriate goal-setting
- Support planning and strategy development
- Facilitate managing information and resources
- Enhance capacity for monitoring progress

**Examples:** Prompts that ask students to self set goals, students select number of problems, Project Based Learning, students rate effort, etc.



**Examples:** Prompts that have students give strategies, number talks, showme, educations, think-a-louds, etc.



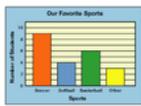
**Examples:** App lists that students could use for a task. assignment lists, choices provide options for voice, movement, writing, & art, use of physical manipulatives, etc.



**Examples:** Supply table, supply list, reflective conversations about what worked and didn't work, intentional design constraints to lesson , etc.



**Examples:** Student created graphs, checklists, student created grades, behavioral self monitoring check-off, etc.



### Provide options for expression and communication

- Use multiple media for communication
- Use multiple tools for construction and composition
- Build fluencies with graduated levels of support for practice and performance

**Examples:** Gradual release (I do, we do, you do), peer tutors, model projects that align with choices offered, example problems that use different representations, differentiated feedback, DOK levels, etc.



**Examples:** Use of spell check, grammar check, speech to text, sentence starters, graphic organizers, popplet, text to speech, etc.



### Provide options for physical action

- Vary the methods for response and navigation
- Optimize access to tools and assistive technologies

**Examples:** Choices on how to answer, choices on how to learn (youtube, peer, small group, teacher guided), can use pencil and paper as well as voice, choices that bring movement and the arts, etc,



**Examples:** Adaptive keyboards, answering options (yes/no, answering from an array, open ended, etc.), use of different types of apps that solve a similar problem, adaptive gripes for pencils and pens, etc.



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